

## CURRICULUM VITE



### Dr. SHANKARA MURTHY K.M

Lecturer,  
Dept. of PG studies and Research in Physical Education,  
Kuvempu University, Shankarghatta -577451,  
Shivamogga, Karnataka.  
Cell: +91-9844540522.  
Email: kmsports84@gmail.com

**CAREER OBJECTIVE:** To attain the goals personally and organizationally by achieving the goals and needs of work, with showing my best and reliable efforts towards your organization.

### EDUCATIONAL PROFILE

- **Doctor of philosophy (Ph.D)** Awarded on 10/01/2025 Entitled “A STUDY ON FACTORS INFLUENCING SPORTS PARTICIPATION AMONG HIGH SCHOOL STUDENTS OF KARNATAKA STATE” under the guidance of **Dr. Ravindra Gouda. S M**, Assistant Director Dept. of Physical education, Kuvempu University, Shankaraghatta. Shivamogga.
- **Cleared Karnataka State Eligibility Test (K-SET) in 2014.**
- **Master of philosophy (M.Phil)** Awarded on 02/03/2012 Entitled “Influence of motor fitness and Psychological variables of hockey playing ability” under the guidance of **Dr. N.D. Viripaksha**. Director of Physical education, Kuvempu University, Shankaraghatta. Shivamogga,
- **Master of Physical Education (M.P.Ed)** from Kuvempu University Shankaraghatta. June 2008 with “A” grade.
- **Bachelor of Physical Education (B.P.Ed)** from Kuvempu University Shankaraghatta. 2006 with “A” grade.
- **Bachelor of Arts (B.A)** from Kuvempu University, M.S.B College, Davangere. 2005.
- **P.G. Diploma in Yoga Studies**, from Kuvempu University Shankaraghatta. 2008 with second class.

### PUBLICATIONS

- **Shankara Murthy K.M and S.S. Patil (2015), “A Study on The Impact of Training Emotional Intelligence of The Performance Of Athletes and Non-Athletes Of Kuvempu University”, International Journal Of Physical Education , Sports and Health, 1 (6), Page 130-132, P-ISSN:2394 – 1685. (Available at [www.kheljournal.com](http://www.kheljournal.com)).**
- **Shankara Murthy K.M and S.S. Patil (2015), “Comparative Study on Personality Traits and Emotional Intelligence between Individual and Team Athletes” International Journal**

of Applied Research .ISSN:2394 – 5869 IJAR 2015; 1 (8):Pp.503.505. (Available at [www.allresearchjournal.com](http://www.allresearchjournal.com)).

- **Shankara Murthy K.M, Rajkumar P Malipatil and S.S. Patil (2015), “Effect of Calisthenics Exercise On Vital Capacity Among College Men”** (National Journal Of Advance Research ISSN: 2455 – 216X, Volume 1; Issue 1; November 2015; Page No 54-55.( Available at [www.allnationaljournal.com/njar](http://www.allnationaljournal.com/njar))
- **Shankara Murthy K.M, Rajkumar P Malipatil “Comparative Study of Attitudes Behavior between Sports Man Non- Sportsman’s Towards Physical Education And Sports”** (International Journal Of Humanities And Social Science Research, ISSN: 2455-2070, Volume 1; Issue: 2, December 2015; Page No 104-106)(Available at [www.socialresearchjournals.com](http://www.socialresearchjournals.com)).
- **Shankara Murthy K.M, and ParammaKuravatti (2018) “Influence of selected Asanas and Suryanamaskara on Selected Physiological and Fitness Variables Among College Women Players”** International Journals of Yoga Physiotherapy and physical Education, ISSN: 2456-5067, Volume 3; Issue: 1, January 2018 2015; Page No 142-144) UGC Approved Journal No: 44407 44415, impact Factor:( RJIF): 5.24, (Available at [www.sportsjournals.in](http://www.sportsjournals.in)).
- **Shankara Murthy K.M, and ParammaKuravatti (2018) “Effect of Socio-Economic Condition on Aggressive Of All India Inter University Ball Badminton Players.”** International Journals of Yogic, Human Movement And Sports Science, ISSN: 2456-4419, Volume 3; Issue: 1, January 2018 2015; Page No 206-207, UGC Approved Journal No: 44407, impact Factor: (RJIF) 5.18, (Available at [www.theyogicjournals.com](http://www.theyogicjournals.com)).
- **Shankara Murthy KM, Ravindra Gouda SM and Virupaksha ND (2019) “Influence of psychological variables on hockey balancing ability.”** International Journals of Yogic, Human Movement and Sports Science, ISSN: 2456-4419, Volume: 4, Issue: 2, Year: 2019, Page Number: 128-130, UGC Approved Journal No: 2456-4419, impact Factor: (RJIF) 5.18, (Available at [www.theyogicjournals.com](http://www.theyogicjournals.com)).
- **Shankara Murthy K.M., Umesh Muktamath, & Basavaraj Kumasi, (2020) “A comparative study on selected motor fitness of intercollegiate women volleyball players”** International Journal of Health, Physical Education & Computer Science in Sports, A Peer Reviewed (Refereed) International Research Journal No. 2 quarterly July 2020 to September 2020, ISSN 2231-3265 Volume 39, Issue 2 , pp 126-130, (ISRA) Impact Factor 7.217. (Available at [www.ifcss.in](http://www.ifcss.in)).

- **Shankara Murthy K.M, & Basavaraj Kumasi,(2021)** Paper presented on “**A Study on Selected Pre-Competitive Sports Emotions of Inter-Collegiate Football Players**” Paper published in “**AksharWangmay UGC Care listed international Research journal ISSN: 2223-4929, Volume-3, Issue-422 October 2021** and paper presented at one day multi-disciplinary international conference on Enriching Language, Literature, Culture and Translation Studies, conference held at Vitthalraoshinde Ares collage, Tembhurani, SolapurDist (MS) Pin-413211.
- **Shankara Murthy K.M, &Basavaraj Kumasi,(2021)** Paper presented on “**Motor Fitness Variables Influences On Shooting Ability of Field Hockey Players In Karnataka: Empirical Evidence From Kuvempu University** ” Paper published in “**AksharWangmay UGC Care listed international Research journal ISSN: 2223-4929, Volume-4, Issue-4, 22 October 2021,** and paper presented at one day multi-disciplinary international conference on Enriching Language, Literature, Culture and Translation Studies, conference held at Vitthalraoshinde Ares collage, Tembhurani, SolapurDist (MS) Pin-413211.
- **Shankara Murthy K.M, &Basavaraj Kumasi,(2021)** Paper presented on “**To Identify The Effect Of Psychological Factors, Influence on Moving Ability Of Field Hockey Players – Regression Analysis**” Paper published in “**AksharWangmay UGC Care listed international Research journal ISSN: 2223-4929, Volume-4, Issue-4, 22 October 2021,** and paper presented at one day multi-disciplinary international conference on Enriching Language, Literature, Culture and Translation Studies, conference held at Vitthalraoshinde Ares collage, Tembhurani, SolapurDist (MS) Pin-413211.
- **Shankara Murthy K.M, &Basavaraj Kumasi,(2021)** Paper presented on “**An Investigation in to the coping skills of intercollegiate football players** ” Paper published in “**AksharWangmay UGC Care listed international Research journal ISSN: 2223-4929, Volume-4, Issue-4, 22 October 2021,** and paper presented at one day multi-disciplinary international conference on Enriching Language, Literature, Culture and Translation Studies, conference held at Vitthalraoshinde Ares collage, Tembhurani, SolapurDist (MS) Pin-413211.
- **Shankara Murthy KM, and Ravindra Gouda SM (2022)** “**Determinants of Sports Participation in Davanagere District, Karnataka State**” UGC Care listed journal **Kanpur Philosophers ISSN 2348 – 8301, Volume - IX, Issue – I, Impact factor 5.45, June 2022,** International Journal of Humanities, law and social science Published Biannually by New Archaeological &Genological society Kanpur India, Three days 11<sup>th</sup> international conference on **Issue & Challenges in Sustainable Development** held at karnataka state open university 12<sup>th</sup> & - 14<sup>th</sup> August 2022.
- **Shankara Murthy KM, and Ravindra Gouda SM (2022)** **Comparative Analysis Of Sports Participation Levels Among Government, Private, and Aided Schools In Karnataka,**

**India,UGC CARE Listed (Group -I) International Journal of Food and Nutritional Sciences (IJFANS), PRINT ISSN 2319-1775 e-ISSN 2320-7876, Volume.11, Issue13, pp. 385-390,Impact Factor - 7.832,November-2022, [www.ijfans.org](http://www.ijfans.org).**

- **Shankara Murthy K.M and ParammaKuravatti (2022) A study an Oregon motor fitness test batteries of Kabaddi and wrestlers, UGC CARE Listed (Group -I) International Journal of Food and Nutritional Sciences (IJFANS), ISSN PRINT 2319-1775 Online 2320-7876, Vol.11, Iss.7, pp. 3563-3567, Impact Factor - 7.832, December - 2022, [www.ijfans.org](http://www.ijfans.org).**

## **SEMINARS**

- Participated in Two Days International Seminar on **“Talent Identification &Development in physical Education Sports”**, 29<sup>th</sup> & 30<sup>th</sup> January **2010**, held in Saint Mary’s College Barahmavar, Karnataka.
- **Shankara Murthy K.M, (2017) Paper presented on “ Future Trends and Challenges in Physical Education and Sports Sciences”** IQAC Sponsored one day National seminar ,held at **Smt, GBA GFGC, Shiggon ,Haveri, Dist. 25<sup>th</sup> march, ISBN: 978-93-5268-629-2Page Number 250-251,Department of Physical Education & Sports, Karnataka University, Dharawad, Karnataka.**
- **Shankara Murthy K.M, and Dr.Ravindra Gouda SM (2019) Paper presented on “Performance of Ball Game Players”** IQAC Sponsored one day National seminar, held at 23<sup>th</sup> march **Smt, GBA GFGC, Shiggon, Haveri, Disrict. (International journal for creative thought and ideation volume - 1, special issue - 3, April 2019, ISBN: 978-93-88929-09-7, Page no 68-71 available website: [www.ijcti.org](http://www.ijcti.org) | email: [editor@ijcti.org](mailto:editor@ijcti.org) | phone: 9739329099,).**
- **Shankara Murthy K.M and Dr.Ravindra Gouda SM (2022) “Motivational Factors of sports participation at school Level – A Systematic study ”** in the ICSSR New Delhi Sponsored two days National Seminar on **“ SwasthBharath in india : Problems – prospects and way Forward “** paper published in International journal of innovative practice & applied research (IJIPAR) ISSN : **2349 – 8978 Volume – 12, special Issue – 3, Impact factor 5.2,** Organized by Dept. of studies in Physical Education and sports sciences, Akkamahadevi Women’s University, Vijayapura, Held on 16<sup>th</sup>& 17<sup>th</sup> June 2022.

## **CONFERENCES**

- **Shankara Murthy K.M, andRajkumar P Malipatil “(2017)Paper presented on “The Effect of Yoga and Physical Exercise on Leg Explosive Strength and Agility Variables of Secondary School Students”**.InternationalConference on “Advent of technology and its implication on sports and physical education. 05<sup>th</sup> to 7<sup>th</sup>January 2017. Don Bosco institute of technology, Kambalagodu , Bangalore. **ISBN: 978-81-931119-5-6 Page Number 1186-1190.**

(Available at <http://thegrenze.com>. Grenze scientific society Grenze Id: 02 ICCTEST: 2017.1.206).

- **Shankara Murthy K.M, and Dr.Ravindra Gouda S. M, (2019)** Paper presented On“ **Constraints of Sports Participation For High School Students** ” Three days international E-conference on”role of sports psychology and fitness management for sportsmen during covid-19 pandemic era” organized by Nagpur SharirikShikshanMahavidyalaya. In association with Shri. BinzaniCity College, Nagpur and Dept.,of physical education, Institute of science, Nagpur, held on 2<sup>nd</sup>, 3<sup>rd</sup> and 4<sup>th</sup> September2021.
- **Shankara Murthy K.M and Dr.Ravindra Gouda SM (2020)** Paper presented on “**The Effect of Yogic and Physical Exercises on Blood Pressure Variables of Secondary School Students in Vijayapur District of Karnataka**” in the International virtual Conference on “Digital Teaching, Training & coaching – An approach of physical Education & sports sciences” Organized by Smt, GBA GFGC, Shiggon, Haveri Dist., Karnataka, Paper published at **International Journal of Health physical Education & computer science in sports,ISSN 2231-3265 Vol-39, issue-1**, A peer reviewed (Refereed) international Research journal, Impact factor 7.21.
- **Shankara Murthy K.M and Dr.Ravindra Gouda SM (2023)** Entitled“**constraints behind the sports participation**”, **One day International Multi-disciplinary conference on “perspectives on Educational Shifts: Forum on Indian Academia**” Organized by BankatlalRajaram Boob college of commerce, Richer on 22<sup>nd</sup> September 2023. Paper published in **Voice of Research,ISSN 2277-7733, Volume 12, Issue 2**, September 2023, ICV-66.11, An International Peer Reviewed & Referred Journal for Change and Development.
- Paper presented entitled "**Navigating Present Challenges and Anticipating Future Demands: The Role of Sports Psychology**", National conference on“**Physical Education and sports sciences – Professional pathways and prospects**”,held at department of physical education, kuvempu university, 12<sup>th</sup> March 2024.
- **Shankara Murthy K.M and Dr.Ravindra Gouda SM (2024)** Entitled “**A Study on Exploring the Selected Structural Barriers to Sports Participation of High School Girls in Karnataka**”, Two Day Multidisciplinary **INTERNATIONAL CONFERENCE on A SUSTAINABLE FUTURE: THE ROLE OF EDUCATION**,Organised by Department of Physical Education, Government First Grade College, Channapatna on 26<sup>th</sup> and 27<sup>th</sup>" April 2024. Paper published in National Research Journal of Information Technology and Information Science Vol- 11, Special Issue -2, May 2024, ISSN: 2350-1978 pp.29-34, **with Impact Factor 6.8**.

- **Shankara Murthy K.M and Dr.Ravindra Gouda SM (2024)**Entitled “**DETERMINANTS OF SPORTS PARTICIPATION AMONG SECONDARY SCHOOL STUDENTS IN KARNATAKA: AN ORDINAL LOGISTIC REGRESSION ANALYSIS**”.UGC CARE LISTED JOURNALSNSHODHAK, (print only) ISSN 2394 – 5990, Volume - 44, pp.35-39, April 2024,Publisher, Itihasacharya V. K. RajwadeSanshodhan Mandal. This paper presented IN TWO DAYS INTERDISCIPLINARY NATIONAL CONFERENCE ON PARADIGM SHIFT IN PHYSICAL EDUCATION & SPORTS: MOVING BEHIND THE FINISH LINE, held at Nagpur sharirikshikshananmahavidyalya, Sri binzani city collage Nagpur4<sup>th</sup>&5<sup>th</sup> Aril 2024.
- **Dr. Shankara Murthy K.M** Entitled "**Impact of Selected Yoga Asanas on Menstrual Cycle Regulation amongFemale Postgraduate Students of Kuvempu University**"ONE DAY INTERNATIONAL CONFERENCE ON PHYSICAL EDUCATION AND ALLIED SCIENCE Organized by Maharani's Women's Commerce and Management College, Mysore Department of Physical Education and Sports Science date: 7th February 2025.
- **Dr. Shankara Murthy K.M**Entitled"**Comparative Analysis of the 'Will to Win' among M.P.Ed and B.P.EdStudents of Kuvempu University**"ONE DAY INTERNATIONAL CONFERENCE ON PHYSICAL EDUCATION AND ALLIED SCIENCE Organized by Maharani's Women's Commerce and Management College, Mysore Department of Physical Education and Sports Science date: 7th February 2025.
- **Dr. Shankara Murthy K.M**Entitled"**Comparative Analysis of the 'Addressing Current Challenges and Future Needs: The Impact of Sports Psychology'**" ONE DAY INTERNATIONAL CONFERENCE ON PHYSICAL EDUCATION AND ALLIED SCIENCE Organized by Maharani's Women's Commerce and Management College, Mysore Department of Physical Education and Sports Science date: 7th February 2025

## **WORKSHOPS**

- Participated **two days state level Netball workshop and umpire exam,ANBAK and University College of physical education, Bangalore University**,jointly organized on **08<sup>th</sup> and 9<sup>th</sup>** September 2018 held at Bangalore.
- Participated **one day state level orientation programme on NEP 2019, Integrated Teacher Education Programme(ITEP)**,heldat Al-Mahmood B.Ed. College, Shivamogga on 26 July 2019.
- Participated **one day National level workshop on “Advance in sports injuries management”**11<sup>th</sup> March 2024, held at department of physical education, Kuvempu University.

## EDIED BOOK CHAPTERS

- **Shankara Murthy K.M and Rekha.K (2023) Edited bookchapter published under“Nutation and Health Education” Entitled “Effect Of Pranayama On Anaerobic Power and Aerobic Capacity of Under Graduate Students”ISBN: 978-93-92537-47-9,chapter no 39pp.397-406,published by Bonfring 309,2<sup>nd</sup> floor, 5<sup>th</sup> street Extension, Gandhipuram,Coimbatore-641012, Tamilnadu,India. E-mail:Coference.@bonfring.org, Website:www.bonfring.org**
- **Shankara Murthy K.M and Dr.Ravindra Gouda SM (2023)Edited book chapter published under “PHYSIAL EDUCATION AND IT’S EVOLUTION NEP 2020”Entitled “Sports Participation: Issue & Challenges in India”, ISBN-978-1-304-95817-4, Chapter no 8, pp.115 to 126, published byLulu Publication,3101 Hillsborough St,Raleigh, NC 27607,United States.Printed by,Laxmi Book Publication, 258/34, RaviwarPeth, Solapur, Maharashtra, India. Website: <http://www.lbp.world>**

## SHORT TERM COURSE

- Participated UGC sponsored one week short term course on **Yoga and Wellness** From 11-03-2025 to 17-03-2025 organized by Malaviya Mission Teacher Training center, Manasagangothri, University of Mysore.

## EXPERIENCE

- Presently working as a faculty member at Dept. of PG studies and research in physical education,kuvempuUniversity jnanasaydrishankaraghatta, shivamogha.
- Worked as a sports selection committee member of Davangere University from July 2013 to 2018.
- Served as a technical official in the state sub junior & junior aquatic championship-2012, at Davan’s Swimming Centre (R) Davangere.
- Worked as a Physical Director at B. S. Channabasppa first grade college Davanagere , June 2010 to July 2012.
- Worked as a lecturer in Bapuji college of physical education, Lake viewcampusDavangere, 2013 January to till date.
- ConductedDavangereUniversity inter collegiate shuttle badminton tournament 2014-2015.
- Served as a manager cum coach of Davanagere university Hockey tem 2015-16 at AcharyaNagarjunaUniversity Guntur (AP).
- Working as a Davangere University Table tennis selection committee member 2016-17.
- Conducted DavanagereUniversity inter collegiate Basket Ball tournament 2016-2017.
- Served as a manager of Davanagere universityWomen’s Chess tem 2016-17 at Val-Teach UniversityChennai, (TN).
- Conducted Coaching camp DavanagereUniversity Basket Ball team Dec 2016-17.



- Served as a technical official in the all India senior ranking Badminton tournament (men, women & mixed) Held at Davanagere Feb 2017, Under Aegis of badminton association of India (R) Karnataka badminton association (R).
- Worked as Davanagere University Hockey section committee member 2017-2018.
- Conducted Davanagere University inter-collegiate wrestling & Judo tournament & Selections trials 2017-2018.
- Conducted Coaching camp & Served as a manager of Davanagere university Men Chess team 2017-18 held at KPR institute of technology Coimbatore ( Anna university),(TN).
- Conducted Coaching camp of Davanagere University Kabaddi team Dec 2017-18.
- Served as a manager of Davanagere university, Women's Net ball team, All- India Inter University Tournament, Held at, Poornapragga college Udupi Dist., Feb 2017-18, Mangalore University,(KA)
- Served as a Karnataka team manager of 21st Sub-Junior (Boys & Girls) **National Sepak Takraw Championship** from 06-06-2018 to 10-06-2018, at KISS & KIIT, University, Bhubaneswar, Odisha.
- Worked as a coach cum manager of Kuvempu university judo team all India inter university tournament held at GNDU Amritsar, Punjab from 27th to 29th December 2018.
- Served as a coach cum manager of Kuvempu university football men team south zone inter university tournament held at Mar Athanasius collage, Kothamangalam, Kottayam university kerala from 03th to 05th January 2022.
- Served as a coach cum manager of Kuvempu university wrestling men team all India inter university tournament held at Guru kasha university, Bathinda, Punjab from 05th to 08th January 2025.

## PROJECTS

- **“A Survey on Role of Media On Sports Promotion”** Study Conducted in During M.P.Ed, Kuvempu University Shankaraghatta.
- **“Influence of Motor Fitness and Psychological Variables on Hockey Playing Ability”** Study conducted during M.Phil. Kuvempu University Shankaraghatta.
- Specializations done during M.p.ed. **Hockey, Soft Ball, Kabaddi, Volley Ball, Basket Ball, Hand Ball, Kho-Kho, Shuttle badminton & Table tennis.**

## PROJECTS UNDER MY GUIDANCE

- A Study on Selected Pre-Competitive Sports Emotions of Inter-Collegiate Footballers, 2020.
- A comparative study on selected motor fitness variables of inter-collegiate women volleyball players, 2020.
- A Study on coping skills of intercollegiate football players, 2021.
- Investigation of trait confidence of volleyball players, 2021.



- A Study on will to win of professional students, 2021.
- An investigation of motor fitness variables of volleyball players, 2022.
- Comparative study on Breath Holding Capacity and Flexibility of yoga practitioners and professional yoga players, 2022.
- A study on Oregon motor fitness test batteries of wrestlers and Kabaddi players, 2022.
- Effects of selected yoga posture for regulating the menstrual cycle of post graduate students. 2023.
- A study on bio-motor fitness variables among secondary school students, 2023
- Effects of aerobic dance on selected physical and physiological variables among female PG students, 2023.
- A study on pre competitive emotions of karate and Wrestlers players, 2023.

## **SPORTS ACTIVITIES**

- Represented as a player in the 30<sup>th</sup> senior state Handball championship Organized by Bapuji College of physical education and Davanagere dist., from 14<sup>th</sup> to 16<sup>th</sup> October, 2006. Secured silver medal.
- Represented Kuvempu university as a Hockey player from 2004 – 05 South zone national hockey tournament were held at Annamali University, Chidambaram, Tamilnadu.
- Represented Kuvempu university as a Hockey player from 2005– 06 South zone national hockey tournament were held at Kamaraj University, Madurai. Tamilnadu.
- Represented Kuvempu university as a Hockey player from 2006– 07 South zone national hockey tournaments were held at Annamali University, Chidambaram Tamilnadu.
- Represented Kuvempu university as a Hockey player from 2007– 08 South zone national hockey tournament were held at Barthidasan University, Tiruchirapalli. Tamilnadu.
- I have participated intercollegiate hockey tournament during 2004 -05 held at Davangere Third Place.
- I have participated intercollegiate hockey tournament during 2005 -06 held at Shimoga winners.
- I have participated intercollegiate hockey tournament during 2006 -07 held at Chitradurga winners.
- I have participated intercollegiate hockey tournament during 2007 -08 held at Chitradurga winners.

## **ADDITIONAL ACTIVITIES**

- Completed NCC “B” & “C” Certificates 33 (Battalion) Karnataka division, In M.S.B. Arts & Commerce College at Davanagere.
- I have attended ‘Aerobics Crash Course’ in April 2008 at Kuvempu University, Jnanasahyadri, Shankaraghatta.

## **PERSONAL PROFILE**

Date of Birth : 18-05-1983  
Gender : Male  
Marital Status : Married  
Cast & category : Hindu VeerashaivaLingayath (III-B)  
Nationality : Indian  
Languages Known : Kannada, English and Hindi.  
Hobbies : Reading, Playing games& Adventuring. Leaning Computer skills  
About me : Strong Communication Skills, Confident, and Adjusting to new Environment.

## **DECLARATION:**

I declare that all information is true to the best of my knowledge and belief.

Yours faithfully,

**(Dr. SHANKARAMURHTY.K.M)**

Date:

Place: Shankaraghatta