

CURRICULUM VITE

SHANKARA MURTHY K.M

Faculty member,
Dept. of PG studies and Research in Physical Education,
Kuvempu University, Shankarghatta -577451,
Shivamogga, Karnataka.
Cell: +91- 9844540522.
Email: kmsports84@gmail.com



CAREER OBJECTIVE: To attain the goals personally and organizationally by achieving the goals and needs of work, with showing my best and reliable efforts towards your organization.

EDUCATIONAL PROFILE

- **Presently pursuing Doctoral Programme (Ph.D)** under the guidance of Dr. Ravindra Gouda. S M, Entitled “A STUDY ON FACTORS INFLUENCING SPORTS PARTICIPATION AMONG HIGH SCHOOL STUDENTS OF KARNATAKA STATE” at Kuvempu University, Shankaraghatta. Shivamogga, from 2018.
- **Cleared Karnataka State Eligibility Test (K-SET) in 2014.**
- **Master of philosophy in Physical Education (M.Phil)** from Kuvempu University Shankaraghatta. 2012,
- **Master of Physical Education (M.P.Ed)** from Kuvemp University Shankaraghatta. June 2008 with “A” grade.
- **Bachelor of Physical Education (B.P.Ed)** from Kuvempu University Shankaraghatta. 2006 with “A” grade.
- **Bachelor of Arts (B.A)** from Kuvempu University, M.S.B College, Davangere. 2005.
- **P.G. Diploma in Yoga Studies**, from Kuvempu University Shankaraghatta. 2008 with second class.

PUBLICATIONS

- **Shankara Murthy K.M and S.S. Patil (2015),“A Study on The Impact of Training Emotional Intelligence of The Performance Of Athletes and Non-Athletes Of Kuvempu University”**, International Journal Of Physical Education , Sports and Health, 1 (6), Page 130-132, P-ISSN:2394 – 1685. (Available at www.kheljournal.com).
- **Shankara Murthy K.M and S.S. Patil (2015), “Comparative Study on Personality Traits and Emotional Intelligence between Individual and Team Athletes”** International Journal of Applied Research .ISSN:2394 – 5869 IJAR 2015; 1 (8):Pp.503.505. (Available at www.ajresearchjournal.com).

- **Shankara Murthy K.M, Rajkumar P Malipatil and S.S. Patil (2015),“Effect of Calisthenics Exercise On Vital Capacity Among College Men “(National Journal Of Advance Research ISSN: 2455 – 216X, Volume 1; Issue 1; November 2015; Page No 54-55.(Available at www.allnationaljournal.com/njar)**
- **Shankara Murthy K.M, Rajkumar P Malipatil “Comparative Study of Attitudes Behavior between Sports Man Non- Sportsman’s Towards Physical Education And Sports”(International Journal Of Humanities And Social Science Research, ISSN: 2455-2070, Volume 1; Issue: 2, December 2015; Page No 104-106)(Available at (www.socialresearchjournals.com)).**
- **Shankara Murthy K.M, and Paramma Kuravatti (2018) “Influence of selected Asanas and Suryanamaskara on Selected Physiological and Fitness Variables Among College Women Players” International Journals of Yoga Physiotherapy and physical Education,ISSN: 2456-5067, Volume 3; Issue: 1, January 2018 2015; Page No 142-144) UGC Approved Journal No: 44407 44415, impact Factor:(RJIF): 5.24, ([Available at www.sportsjournals.in](http://www.sportsjournals.in)).**
- **Shankara Murthy K.M, and Paramma Kuravatti (2018) “Effect of Socio-Economic Condition on Aggressive Of All India Inter University Ball Badminton Players.” International Journals of Yogic, Human Movement AndSports Science,ISSN: 2456-4419, Volume 3; Issue: 1, January 2018 2015; Page No 206-207, UGC Approved Journal No: 44407, impact Factor: (RJIF) 5.18, ([Available at www.theyogicjournals.com](http://www.theyogicjournals.com)).**
- **Shankara Murthy KM, Ravindra Gouda SM and Virupaksha ND (2019) “Influence of psychological variables on hockey balancing ability.” International Journals of Yogic, Human Movement and Sports Science, ISSN: 2456-4419, Volume: 4, Issue: 2, Year: 2019, Page Number: 128-130, UGC Approved Journal No: 2456-4419, impact Factor: (RJIF) 5.18, ([Available at www.theyogicjournals.com](http://www.theyogicjournals.com)).**
- **Shankara Murthy K.M., Umesh Muktamath, & Basavaraj Kumasi, (2020) “A comparative study on selected motor fitness of intercollegiate women volleyball players” International Journal of Health, Physical Education & Computer Science in Sports, A Peer Reviewed (Refereed) International Research Journal No. 2 quarterly July 2020 to September 2020, ISSN 2231-3265 Volume 39, Issue 2 , pp 126-130, (ISRA) Impact Factor 7.217.([Available at www.ifcss.in](http://www.ifcss.in)).**
- **Shankara Murthy K.M, & Basavaraj Kumasi, (2021) Paper presented on “A Study on Selected Pre-Competitive Sports Emotions of Inter-Collegiate Football Players” Paper published in “Akshar Wangmay UGC Care listed international Research journal ISSN:**

- 2223-4929, Volume-3, Issue-4 22 October 2021 and paper presented at one day multi-disciplinary international conference on Enriching Language, Literature, Culture and Translation Studies, conference held at Vitthalrao shinde Ares collage, Tembhurani, Solapur Dist (MS) Pin-413211.
- **Shankara Murthy K.M, & Basavaraj Kumasi, (2021)** Paper presented on “**Motor Fitness Variables Influences On Shooting Ability of Field Hockey Players In Karnataka: Empirical Evidence From Kuvempu University** ” Paper published in “**Akshar Wangmay UGC Care listed international Research journal ISSN: 2223-4929, Volume-4, Issue-4, 22 October 2021,** and paper presented at one day multi-disciplinary international conference on Enriching Language, Literature, Culture and Translation Studies, conference held at Vitthalrao shinde Ares collage, Tembhurani, Solapur Dist (MS) Pin-413211.
 - **Shankara Murthy K.M, & Basavaraj Kumasi, (2021)** Paper presented on “**To Identify The Effect Of Psychological Factors, Influence on Moving Ability Of Field Hockey Players – Regression Analysis**” Paper published in “**Akshar Wangmay UGC Care listed international Research journal ISSN: 2223-4929, Volume-4, Issue-4, 22 October 2021,** and paper presented at one day multi-disciplinary international conference on Enriching Language, Literature, Culture and Translation Studies, conference held at Vitthalrao shinde Ares collage, Tembhurani, Solapur Dist (MS) Pin-413211.
 - **Shankara Murthy K.M, & Basavaraj Kumasi, (2021)** Paper presented on “**An Investigation in to the coping skills of intercollegiate football players** ” Paper published in “**Akshar Wangmay UGC Care listed international Research journal ISSN: 2223-4929, Volume-4, Issue-4, 22 October 2021,** and paper presented at one day multi-disciplinary international conference on Enriching Language, Literature, Culture and Translation Studies, conference held at Vitthalrao shinde Ares collage, Tembhurani, Solapur Dist (MS) Pin-413211.
 - **Shankara Murthy KM, and Ravindra Gouda SM (2022)** “**Determinants of Sports Participation in Davanagere District, Karnataka State**” UGC Care listed journal **Kanpur Philosophers ISSN 2348 – 830, Volume - IX, Issue – I, Impact factor 5.45, June 2022,** International Journal of Humanities, law and social science Published Biannually by New Archaeological & Gemological society Kanpur India, Three days 11th international conference on **Issue & Challenges in Sustainable Development** held at karnataka state open university 12th & - 14th August 2022.
 - **Shankara Murthy KM, and Ravindra Gouda SM (2022)** **Comparative Analysis Of Sports Participation Levels Among Government, Private, and Aided Schools In Karnataka, India, UGC CARE Listed (Group -I)** International Journal of Food and Nutritional Sciences (IJFANS), PRINT ISSN 2319-1775 e-ISSN 2320-7876, Volume.11, Issue13, pp. 385-390, Impact Factor - 7.832, November-2022, www.ijfans.org.

- **Shankara Murthy K.M and Paramma Kuravatti (2022) A study an Oregon motor fitness test batteries of Kabaddi and wrestlers, UGC CARE Listed (Group -I) International Journal of Food and Nutritional Sciences (IJFANS), ISSN PRINT 2319-1775 Online 2320-7876, Vol.11, Iss.7, pp. 3563-3567, Impact Factor - 7.832, December - 2022, www.ijfans.org.**

CONFERENCE / SEMINARS

- Participated in Two Days International Seminar on **“Talent Identification & Development in physical Education Sports”**, 29th & 30th January 2010, held in Saint Mary’s College Barahmavar, Karnataka.
- **Shankara Murthy K.M, and Rajkumar P Malipatil “(2017) Paper presented on ‘‘The Effect of Yoga and Physical Exercise on Leg Explosive Strength and Agility Variables of Secondary School Students’’. International Conference on “Advent of technology and its implication on sports and physical education. 05th to 7th January 2017. Don Bosco institute of technology, Kambalagodu , Bangalore. ISBN: 978-81-931119-5-6 Page Number 1186-1190.**
(Available at <http://thegrenze.com>. Grenze scientific society Grenze Id: 02 ICCTEST: 2017.1.206).
- **Shankara Murthy K.M, (2017) Paper presented on “ Future Trends and Challenges in Physical Education and Sports Sciences” IQAC Sponsored one day National seminar ,held at Smt, GBA GFGC, Shiggon ,Haveri, Dist. 25th march, ISBN: 978-93-5268-629-2 Page Number 250-251,Department of Physical Education & Sports, Karnataka University, Dharawad, Karnataka.**
- **Shankara Murthy K.M, and Dr.Ravindra Gouda SM (2019) Paper presented on “Performance of Ball Game Players” IQAC Sponsored one day National seminar, held at 23th march Smt, GBA GFGC, Shiggon, Haveri, Disrict. (International journal for creative thought and ideation volume - 1, special issue - 3, April 2019, ISBN: 978-93-88929-09-7, Page no 68-71 available website: www.ijcti.org | email: editor@ijcti.org | phone: 9739329099).**
- **Shankara Murthy K.M, and Dr.Ravindra Gouda S. M, (2019) Paper presented On “ Constraints of Sports Participation For High School Students ” Three days international E-conference on” role of sports psychology and fitness management for sportsmen during covid-19 pandemic era” organized by Nagpur Sharirik Shikshan Mahavidyalaya. In association with Shri. Binzani City College, Nagpur and Dept., of physical education, Institute of science, Nagpur, held on 2nd, 3rd and 4th September 2021.**
- **Shankara Murthy K.M and Dr.Ravindra Gouda SM (2020) Paper presented on “The Effect of Yogic and Physical Exercises on Blood Pressure Variables of Secondary School Students in Vijayapur District of Karnataka” in the International virtual Conference on “Digital Teaching, Training & coaching – An approach of physical Education & sports sciences”**

Organized by Smt, GBA GFGC, Shiggon, Haveri Dist., Karnataka, Paper published at **International Journal of Health physical Education & computer science in sports, ISSN 2231-3265 Vol-39, issue -1**, A peer reviewed (Refereed) international Research journal, Impact factor 7.21.

- **Shankara Murthy K.M and Dr.Ravindra Gouda SM (2022) “Motivational Factors of sports participation at school Level – A Systematic study ” in the ICSSR New Delhi Sponsored two days National Seminar on “ Swasth Bharath in india : Problems – prospects and way Forward “** paper published in International journal of innovative practice & applied research (IJIPAR) ISSN : 2349 – 8978 Volume – 12, special Issue – 3, Impact factor 5.2, Organized by Dept. of studies in Physical Education and sports sciences, Akkamahadevi Women’s University, Vijayapura, Held on 16th & 17th June 2022.
- **Shankara Murthy K.M and Dr.Ravindra Gouda SM (2023) Entitled “constraints behind the sports participation”, One day International Multi-disciplinary conference on “perspectives on Educational Shifts: Forum on Indian Academia”** Organized by Bankatlal Rajaram Boob college of commerce, Richer.
- Paper presented entitled **"Navigating Present Challenges and Anticipating Future Demands: The Role of Sports Psychology"**, National conference on **“Physical Education and sports sciences – Professional pathways and prospects”**, held at department of physical education, kuvempu university, 12th March 2024,

WORKSHOPS

- Participated **two days state level Netball workshop and umpire exam, ANBAK and University College of physical education, Bangalore University**, jointly organized on **08th and 9th** September 2018 held at Bangalore.
- Participated **one day state level orientation programme on NEP 2019, Integrated Teacher Education Programme (ITEP)**, held at Al-Mahmood B.Ed. College, Shivamogga on 26 July 2019.
- Participated **one day National level workshop on “Advance in sports injuries management”** 11th March 2024, held at department of physical education, Kuvempu University.

EDIED BOOK CHAPTERS

- **Shankara Murthy K.M and Rekha.K (2023) Edited book chapter published under “Nutation and Health Education” Entitled “Effect Of Pranayama On Anaerobic Power and Aerobic Capacity of Under Graduate Students” ISBN: 978-93-92537-47-9, chapter no 39 pp.397-406, published by Bonfring 309, 2nd floor, 5th street Extension, Gandhipuram,**

Coimbatore-641012, Tamilnadu, India. E-mail:Coference.@bonfring.org, Website: www.bonfring.org

- **Shankara Murthy K.M and Dr.Ravindra Gouda SM (2023) Edited book chapter published under “PHYSIAL EDUCATION AND IT’S EVOLUTION NEP 2020” Entitled “Sports Participation: Issue & Challenges in India”, ISBN-978-1-304-95817-4, Chapter no 8, pp.115 to 126, published by Lulu Publication, 3101 Hillsborough St, Raleigh, NC 27607, United States. Printed by, Laxmi Book Publication, 258/34, Raviwar Peth, Solapur, Maharashtra, India. Website: <http://www.lbp.world>**

EXPERIENCE

- Presently working as a faculty member at Dept. of PG studies and research in physical education, kuvempu University jnana saydri shankaraghatta, shivamogha.
- Worked as a sports selection committee member of Davangere University from July 2013 to 2018.
- Served as a technical official in the state sub junior & junior aquatic championship-2012, at Davan’s Swimming Centre (R) Davangere.
- Worked as a Physical Director at B. S. Channabasppa first grade college Davanagere , June 2010 to July 2012.
- Worked as a lecturer in Bapuji college of physical education, Lake view campus Davangere, 2013 January to till date.
- Conducted Davanagere University inter collegiate shuttle badminton tournament 2014-2015.
- Served as a manager cum coach of Davanagere university Hockey tem 2015-16 at Acharya Nagarjuna University Guntur (AP).
- Working as a Davanagere University Table tennis selection committee member 2016-17.
- Conducted Davanagere University inter collegiate Basket Ball tournament 2016-2017.
- Served as a manager of Davanagere university Women’s Chess tem 2016-17 at Val-Teach University Chennai, (TN).
- Conducted Coaching camp Davanagere University Basket Ball team Dec 2016-17.
- Served as a technical official in the all India senior ranking Badminton tournament (men, women& mixed) Held at Davanagere Feb 2017, Under Aegis of badminton association of India (R) Karnataka badminton association (R).
- Worked as Davanagere University Hockey section committee member 2017-2018.
- Conducted Davanagere University inter-collegiate wrestling & Judo tournament & Selections trails 2017-2018.
- Conducted Coaching camp & Served as a manager of Davanagere university Men Chess tem 2017-18 held at KPR institute of technology Coimbatore (Anna university),(TN).
- Conducted Coaching camp of Davanagere University Kabaddi team Dec 2017-18.

- Served as a manager of Davanagere university, Women's Net ball team, All- India Inter University Tournament, Held at, Poornaprggna college Udupi Dist., Feb 2017-18, Manglore University,(KA)
- Served as a Karnataka team manager of 21st Sub-Junior (Boys & Girls) **National Sepak Takraw Championship** from 06-06-2018 to 10-06-2018, at KISS & KIIT, University, Bhubaneswar. Odisha.
- Worked as a coach cum manager of Kuvempu university judo team all India inter university tournament held at GNDU Amritsar, Punjab from 27th to 29th December 2018.

PROJECTS

- “**A Survey on Role of Media On Sports Promotion**” Study Conducted in During M.P.Ed, Kuvempu University Shankaraghatta.
- “**Influence of Motor Fitness and Psychological Variables on Hockey Playing Ability**” Study conducted during M.Phil. Kuvempu University Shankaraghatta.
- Specializations done during M.p.ed. **Hockey, Soft Ball, Kabaddi, Volley Ball, Basket Ball, Hand Ball, Kho-Kho, Shuttle badminton & Table tennis.**

PROJECTS UNDER MY GUIDANCE

- A Study on Selected Pre-Competitive Sports Emotions of Inter-Collegiate Footballers, 2020.
- A comparative study on selected motor fitness variables of inter-collegiate women volleyball players, 2020.
- A Study on coping skills of intercollegiate football players, 2021.
- Investigation of trait confidence of volleyball players, 2021.
- A Study on will to win of professional students, 2021.
- An investigation of motor fitness variables of volleyball players, 2022.
- Comparative study on Breath Holding Capacity and Flexibility of yoga practitioners and professional yoga players, 2022.
- A study an Oregon motor fitness test batteries of wrestlers and Kabaddi players, 2022.
- Effects of selected yoga posture for regulating the menstrual cycle of post graduate students. 2023.
- A study on bio-motor fitness variables among secondary school students, 2023
- Effects of aerobic dance on selected physical and physiological variables among female PG students, 2023.
- A study on pre competitive emotions of karate and Wrestlers players, 2023.

SPORTS ACTIVITIES

- Represented as a player in the 30th senior state Handball championship Organized by Bapuji College of physical education and Davanagere dist., from 14th to 16th October, 2006. Secured silver medal.
- Represented Kuvempu university as a Hockey player from 2004 – 05 South zone national hockey tournament were held at Annamali University , Chidabaram, Tamilnadu.
- Represented Kuvempu university as a Hockey player from 2005– 06 South zone national hockey tournament were held at Kamaraj University, Maduri. Tamilnadu.
- Represented Kuvempu university as a Hockey player from 2006– 07 South zone national hockey tournaments were held at Annamali University , Chidambaram Tamilnadu.
- Represented Kuvempu university as a Hockey player from 2007– 08 South zone national hockey tournament were held at Barthidasan University, Tiruchirapalli . Tamilnadu.
- I have participated intercollegiate hockey tournament during 2004 -05 held at Davangere Third Place.
- I have participated intercollegiate hockey tournament during 2005 -06 held at Shimogga winners.
- I have participated intercollegiate hockey tournament during 2006 -07 held at Chitradurga winners.
- I have participated intercollegiate hockey tournament during 2007 -08 held at Chitradurga winners.

ADDITIONAL ACTIVITIES

- Completed NCC “B” &“C” Certificates 33 (Battalion) Karnataka division, In M.S.B. Arts & Commerce College at Davanagere.
- I have attended ‘Aerobics Crash Course’ in April 2008 at Kuvempu University Jnana Sahyadri Shankaraghatta.

PERSONAL PROFILE

Date of Birth	: 18-05-1983
Gender	: Male
Marital Status	: Married
Cast & category	: Hindu Veerashaiva Lingayath (III-B)
Nationality	: Indian
Languages Known	: Kannada, English and Hindi.
Hobbies	: Reading, Playing games& Adventuring. Leaning Computer skills
About me	: Strong Communication Skills, Confident, and Adjusting to new Environment.

DECLARATION:

I declare that all information is true to the best of my knowledge and belief.

Yours faithfully,

(SHANKARA MURHTY.K.M)

Date: / /2024

Place: Shankaraghatta